

REVOLUTION

PHYSICAL THERAPY • WEIGHT LOSS

FITNESS • NUTRITION • MOTIVATION

30 Month Outcome Study

Outcome Study Averages

Program Duration	Average Beginning Weight (lbs)	Average End Weight (lbs)	Average Weight Loss (lbs)	Average Percentage of Initial Body Weight Lost
2 Months	237	223	14	6%
6 Months	240	216	24	10%
12 Months	232	197	34	14%
18 Months	226	197	29	13%
24 Months	225	194	32	13%
30 Months	206	184	23	12%

TOTAL OUTCOMES

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%	146	43	23%	140	49	26%	139	50	26%	140	49	26%
Patient B	244	227	17	7%	205	39	16%	170	74	30%	176	68	28%	176	68	28%			
Patient C	150	133	17	11%	125	25	17%	130	20	13%	130	20	13%	140	10	7%	141	9	6%
Patient D	167	153	13	8%	151	16	9%	151	16	9%	153	14	8%	151	16	9%	153	14	8%
Patient E	320	311	9	3%	305	15	5%	305	15	5%	305	15	5%	305	15	5%	300	20	6%
Patient F	179	157	22	12%	147	32	18%	156	23	13%	161	18	10%	163	16	9%			
Patient G	217	202	15	7%	204	13	6%	199	18	8%	207	10	5%	217	0	0%			
Patient H	202	193	9	4%	184	18	9%	183	19	9%	182	20	10%	183	19	9%			
Patient I	257	231	26	10%	205	52	20%	200	57	22%	220	38	15%	213	44	17%			
Patient J	206	192	14	7%	186	20	10%	177	29	14%	177	29	14%	182	24	12%			
Patient K	364	346	18	5%	244	120	33%	233	131	36%									
Patient L	346	331	15	4%	321	25	7%	292	54	16%	270	76	22%	261	85	25%			
Patient M	174	163	10	6%	144	30	17%	132	41	24%	133	41	24%						
Patient N	209	189	20	10%	189	20	10%	200	9	4%	199	10	5%						
Patient O	173	155	18	10%	159	14	8%	165	8	5%									
Patient P	246	239	7	3%	235	11	4%	240	6	2%									
Patient Q	259	246	13	5%	238	21	8%	235	24	9%	239	20	8%						
Patient R	174	158	16	9%	151	23	13%	156	18	10%									
Patient S	210	193	17	8%	189	21	10%	195	15	7%	190	20	9%						
Patient T	210	198	11	5%	196	14	7%	199	11	5%	195	15	7%						
Patient U	166	146	20	12%	140	26	16%	140	26	16%									
Patient V	398	380	18	5%	386	12	3%												
Patient W	374	367	7	2%	350	24	6%												
Patient X	301	282	19	6%	265	36	12%	266	35	12%	270	31	10%						
Patient Y	178	159	19	11%	158	20	11%	150	28	16%									
Patient Z	192	184	8	4%															
Patient AA	163	154	9	5%	157	6	4%	153	10	6%									
Patient AB	217	202	15	7%	196	22	10%	191	26	12%									
Patient AC	301	281	20	7%	265	36	12%	247	54	18%									
Patient AD	337	310	27	8%	268	69	20%	221	116	35%									

TOTAL OUTCOMES

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient AE	246	224	22	9%	200	46	19%	175	71	29%									
Patient AF	273	259	14	5%	243	31	11%	217	56	20%									
Patient AG	217	202	15	7%	199	19	9%	203	14	6%									
Patient AH	322	290	32	10%	290	32	10%	299	23	7%									
Patient AI	264	247	16	6%	235	29	11%	223	40	15%									
Patient AJ	164	148	16	10%	150	14	9%	156	8	5%									
Patient AK	232	220	12	5%	216	16	7%												
Patient AL	204	196	8	4%	169	35	17%												
Patient AM	334	314	20	6%	279	55	16%												
Patient AN	243	236	7	3%	230	13	5%												
Patient AO	236	229	7	3%	223	13	5%												
Patient AP	171	164	7	4%	160	11	7%												
Patient AQ	228	216	11	5%	208	19	9%												
Patient AR	268	251	17	6%															
Patient AS	219	209	10	5%															
Patient AT	256	247	9	4%															
Patient AU	284	254	30	10%	215	69	24%												
Patient AV	149	144	5	3%	139	10	7%												
Patient AW	180	171	9	5%															
Patient AX	154	139	14	9%	134	20	13%												
Patient AY	230	214	17	7%	200	30	13%												
Patient AZ	202	191	11	5%	178	23	12%												
Patient BA	302	279	23	8%	256	46	15%												
Patient BB	204	194	10	5%															
Patient BC	232	215	17	7%	217	15	7%												
Patient BD	271	242	29	11%	232	39	14%												
Patient BE	270	251	19	7%															
Patient BF	267	251	16	6%	254	13	5%												
Patient BG	265	257	8	3%	260	5	2%												
Patient BH	216	203	13	6%	205	12	5%												

TOTAL OUTCOMES

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient BI	327	311	17	5%	302	25	8%												
Patient BJ	337	313	24	7%	296	41	12%												
Patient BK	253	243	10	4%	230	23	9%												
Patient BL	234	212	22	10%															
Patient BM	228	211	17	7%	203	25	11%												
Patient BN	250	234	16	6%	233	17	7%												
Patient BO	233	215	18	8%	233	1	0%												
Patient BP	174	166	8	4%	165	9	5%												
Patient BQ	190	178	12	6%	160	30	16%												
Patient BR	230	217	13	6%	216	14	6%												
Patient BS	181	162	18	10%	149	32	18%												
Patient BT	248	230	18	7%															
Patient BU	270	247	23	8%	240	30	11%												
Patient BV	268	234	34	13%	196	72	27%												
Patient BW	164	155	8	5%	140	23	14%												
Patient BX	150	137	12	8%	133	16	11%												
Patient BY	393	363	30	8%	353	40	10%												
Patient BZ	150	146	4	3%	145	5	3%												
Patient CA	196	189	7	4%	199	-3	-1%												
Patient CB	254	240	14	5%	222	32	12%												
Patient CC	183	180	3	2%	179	4	2%												
Patient CD	270	257	13	5%	255	15	5%												
Patient CE	251	242	9	4%	198	53	21%												
Patient CF	333	323	10	3%	298	35	10%												
Patient CG	172	164	8	5%	165	7	4%												
Patient CH	321	327	-6	-2%	330	-9	-3%												
Patient CI	211	197	14	7%	202	9	4%												
Patient CJ	241	231	10	4%	220	21	9%												
Patient CK	288	281	7	3%	277	11	4%												
Patient CL	293	268	25	8%	262	31	10%												

TOTAL OUTCOMES

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient CM	170	164	6	4%	165	5	3%												
Patient CN	222	212	10	4%	216	6	3%												
Patient CO	194	186	8	4%	185	9	5%												
Patient CP	289	287	1	0%	288	1	0%												
Patient CQ	338	322	16	5%	327	12	4%												
Patient CR	202	190	13	6%	185	17	9%												
Patient CS	232	218	14	6%	215	17	7%												
Patient CT	237	226	10	4%															
Patient CU	227	213	13	6%															
Patient CV	223	217	5	2%															
Patient CW	277	258	19	7%															
Patient CX	297	292	5	2%															
Patient CY	159	151	8	5%															
Patient CZ	285	267	19	7%															
Patient DA	182	176	6	3%															
Patient DB	169	151	18	11%															
Patient DC	332	297	35	11%															
Patient DD	150	142	8	6%															
Patient DE	193	185	8	4%															
Patient DF	220	205	15	7%															
Patient DG	273	261	12	4%															
Patient DH	194	187	7	4%															
Patient DI	205	196	10	5%															
Patient DJ	254	242	12	5%															
Patient DK	231	217	14	6%															
Patient DL	219	203	16	7%															
AVERAGE	237	223	14	6%	216	24	10%	197	34	14%	197	29	13%	194	32	13%	184	23	12%

30 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%	146	43	23%	140	49	26%	139	50	26%	140	49	26%
Patient C	150	133	17	11%	125	25	17%	130	20	13%	130	20	13%	140	10	7%	141	9	6%
Patient D	167	153	13	8%	151	16	9%	151	16	9%	153	14	8%	151	16	9%	153	14	8%
Patient E	320	311	9	3%	305	15	5%	305	15	5%	305	15	5%	305	15	5%	300	20	6%
AVERAGE	206	192	14	8%	185	21	12%	183	23	13%	182	24	13%	184	23	12%	184	22.9	12%

24 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%	146	43	23%	140	49	26%	139	50	26%			
Patient B	244	227	17	7%	205	39	16%	170	74	30%	176	68	28%	176	68	28%			
Patient C	150	133	17	11%	125	25	17%	130	20	13%	130	20	13%	140	10	7%			
Patient D	167	153	13	8%	151	16	9%	151	16	9%	153	14	8%	151	16	9%			
Patient E	320	311	9	3%	305	15	5%	305	15	5%	305	15	5%	305	15	5%			
Patient F	179	157	22	12%	147	32	18%	156	23	13%	161	18	10%	163	16	9%			
Patient G	217	202	15	7%	204	13	6%	199	18	8%	207	10	5%	217	0	0%			
Patient H	202	193	9	4%	184	18	9%	183	19	9%	182	20	10%	183	19	9%			
Patient I	257	231	26	10%	205	52	20%	200	57	22%	220	38	15%	213	44	17%			
Patient J	206	192	14	7%	186	20	10%	177	29	14%	177	29	14%	182	24	12%			
Patient L	346	331	15	4%	321	25	7%	292	54	16%	270	76	22%	261	85	25%			
AVERAGE	225	209	16	8%	199	26	12%	192	33	15%	193	32	14%	194	32	13%			

18 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%	146	43	23%	140	49	26%						
Patient B	244	227	17	7%	205	39	16%	170	74	30%	176	68	28%						
Patient C	150	133	17	11%	125	25	17%	130	20	13%	130	20	13%						
Patient D	167	153	13	8%	151	16	9%	151	16	9%	153	14	8%						
Patient E	320	311	9	3%	305	15	5%	305	15	5%	305	15	5%						
Patient F	179	157	22	12%	147	32	18%	156	23	13%	161	18	10%						
Patient G	217	202	15	7%	204	13	6%	199	18	8%	207	10	5%						
Patient H	202	193	9	4%	184	18	9%	183	19	9%	182	20	10%						
Patient I	257	231	26	10%	205	52	20%	200	57	22%	220	38	15%						
Patient J	206	192	14	7%	186	20	10%	177	29	14%	177	29	14%						
Patient L	346	331	15	4%	321	25	7%	292	54	16%	270	76	22%						
Patient M	174	163	10	6%	144	30	17%	132	41	24%	133	41	24%						
Patient N	209	189	20	10%	189	20	10%	200	9	4%	199	10	5%						
Patient Q	259	246	13	5%	238	21	8%	235	24	9%	239	20	8%						
Patient S	210	193	17	8%	189	21	10%	195	15	7%	190	20	9%						
Patient T	210	198	11	5%	196	14	7%	199	11	5%	195	15	7%						
Patient X	301	282	19	6%	265	36	12%	266	35	12%	270	31	10%						
AVERAGE	226	210	16	7%	201	25	12%	196	30	13%	197	29	13%						

12 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%	146	43	23%									
Patient B	244	227	17	7%	205	39	16%	170	74	30%									
Patient C	150	133	17	11%	125	25	17%	130	20	13%									
Patient D	167	153	13	8%	151	16	9%	151	16	9%									
Patient E	320	311	9	3%	305	15	5%	305	15	5%									
Patient F	179	157	22	12%	147	32	18%	156	23	13%									
Patient G	217	202	15	7%	204	13	6%	199	18	8%									
Patient H	202	193	9	4%	184	18	9%	183	19	9%									
Patient I	257	231	26	10%	205	52	20%	200	57	22%									
Patient J	206	192	14	7%	186	20	10%	177	29	14%									
Patient K	364	346	18	5%	244	120	33%	233	131	36%									
Patient L	346	331	15	4%	321	25	7%	292	54	16%									
Patient M	174	163	10	6%	144	30	17%	132	41	24%									
Patient N	209	189	20	10%	189	20	10%	200	9	4%									
Patient O	173	155	18	10%	159	14	8%	165	8	5%									
Patient P	246	239	7	3%	235	11	4%	240	6	2%									
Patient Q	259	246	13	5%	238	21	8%	235	24	9%									
Patient R	174	158	16	9%	151	23	13%	156	18	10%									
Patient S	210	193	17	8%	189	21	10%	195	15	7%									
Patient T	210	198	11	5%	196	14	7%	199	11	5%									
Patient U	166	146	20	12%	140	26	16%	140	26	16%									
Patient X	301	282	19	6%	265	36	12%	266	35	12%									
Patient Y	178	159	19	11%	158	20	11%	150	28	16%									
Patient AA	163	154	9	5%	157	6	4%	153	10	6%									
Patient AB	217	202	15	7%	196	22	10%	191	26	12%									
Patient AC	301	281	20	7%	265	36	12%	247	54	18%									
Patient AD	337	310	27	8%	268	69	20%	221	116	35%									
Patient AE	246	224	22	9%	200	46	19%	175	71	29%									

12 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient AF	273	259	14	5%	243	31	11%	217	56	20%									
Patient AG	217	202	15	7%	199	19	9%	203	14	6%									
Patient AH	322	290	32	10%	290	32	10%	299	23	7%									
Patient AI	264	247	16	6%	235	29	11%	223	40	15%									
Patient AJ	164	148	16	10%	150	14	9%	156	8	5%									
AVERAGE	232	215	17	7%	203	29	12%	197	34	14%									

6 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%	159	30	16%												
Patient B	244	227	17	7%	205	39	16%												
Patient C	150	133	17	11%	125	25	17%												
Patient D	167	153	13	8%	151	16	9%												
Patient E	320	311	9	3%	305	15	5%												
Patient F	179	157	22	12%	147	32	18%												
Patient G	217	202	15	7%	204	13	6%												
Patient H	202	193	9	4%	184	18	9%												
Patient I	257	231	26	10%	205	52	20%												
Patient J	206	192	14	7%	186	20	10%												
Patient K	364	346	18	5%	244	120	33%												
Patient L	346	331	15	4%	321	25	7%												
Patient M	174	163	10	6%	144	30	17%												
Patient N	209	189	20	10%	189	20	10%												
Patient O	173	155	18	10%	159	14	8%												
Patient P	246	239	7	3%	235	11	4%												
Patient Q	259	246	13	5%	238	21	8%												
Patient R	174	158	16	9%	151	23	13%												
Patient S	210	193	17	8%	189	21	10%												
Patient T	210	198	11	5%	196	14	7%												
Patient U	166	146	20	12%	140	26	16%												
Patient V	398	380	18	5%	386	12	3%												
Patient W	374	367	7	2%	350	24	6%												
Patient X	301	282	19	6%	265	36	12%												
Patient Y	178	159	19	11%	158	20	11%												
Patient AA	163	154	9	5%	157	6	4%												
Patient AB	217	202	15	7%	196	22	10%												
Patient AC	301	281	20	7%	265	36	12%												
Patient AD	337	310	27	8%	268	69	20%												
Patient AE	246	224	22	9%	200	46	19%												

6 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient AF	273	259	14	5%	243	31	11%												
Patient AG	217	202	15	7%	199	19	9%												
Patient AH	322	290	32	10%	290	32	10%												
Patient AI	264	247	16	6%	235	29	11%												
Patient AJ	164	148	16	10%	150	14	9%												
Patient AK	232	220	12	5%	216	16	7%												
Patient AL	204	196	8	4%	169	35	17%												
Patient AM	334	314	20	6%	279	55	16%												
Patient AN	243	236	7	3%	230	13	5%												
Patient AO	236	229	7	3%	223	13	5%												
Patient AP	171	164	7	4%	160	11	7%												
Patient AQ	228	216	11	5%	208	19	9%												
Patient AU	284	254	30	10%	215	69	24%												
Patient AV	149	144	5	3%	139	10	7%												
Patient AX	154	139	14	9%	134	20	13%												
Patient AY	230	214	17	7%	200	30	13%												
Patient AZ	202	191	11	5%	178	23	12%												
Patient BA	302	279	23	8%	256	46	15%												
Patient BC	232	215	17	7%	217	15	7%												
Patient BD	271	242	29	11%	232	39	14%												
Patient BF	267	251	16	6%	254	13	5%												
Patient BG	265	257	8	3%	260	5	2%												
Patient BH	216	203	13	6%	205	12	5%												
Patient BI	327	311	17	5%	302	25	8%												
Patient BJ	337	313	24	7%	296	41	12%												
Patient BK	253	243	10	4%	230	23	9%												
Patient BM	228	211	17	7%	203	25	11%												
Patient BN	250	234	16	6%	233	17	7%												
Patient BO	233	215	18	8%	233	1	0%												
Patient BP	174	166	8	4%	165	9	5%												

6 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient BQ	190	178	12	6%	160	30	16%												
Patient BR	230	217	13	6%	216	14	6%												
Patient BS	181	162	18	10%	149	32	18%												
Patient BU	270	247	23	8%	240	30	11%												
Patient BV	268	234	34	13%	196	72	27%												
Patient BW	164	155	8	5%	140	23	14%												
Patient BX	150	137	12	8%	133	16	11%												
Patient BY	393	363	30	8%	353	40	10%												
Patient BZ	150	146	4	3%	145	5	3%												
Patient CA	196	189	7	4%	199	-3	-1%												
Patient CB	254	240	14	5%	222	32	12%												
Patient CC	183	180	3	2%	179	4	2%												
Patient CD	270	257	13	5%	255	15	5%												
Patient CE	251	242	9	4%	198	53	21%												
Patient CF	333	323	10	3%	298	35	10%												
Patient CG	172	164	8	5%	165	7	4%												
Patient CH	321	327	-6	-2%	330	-9	-3%												
Patient CI	211	197	14	7%	202	9	4%												
Patient CJ	241	231	10	4%	220	21	9%												
Patient CK	288	281	7	3%	277	11	4%												
Patient CL	293	268	25	8%	262	31	10%												
Patient CM	170	164	6	4%	165	5	3%												
Patient CN	222	212	10	4%	216	6	3%												
Patient CO	194	186	8	4%	185	9	5%												
Patient CP	289	287	1	0%	288	1	0%												
Patient CQ	338	322	16	5%	327	12	4%												
Patient CR	202	190	13	6%	185	17	9%												
Patient CS	232	218	14	6%	215	17	7%												
AVERAGE	239.7	225.2	14.48	0.062	215.9	23.81	0.098												

2 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient A	189	172	17	9%															
Patient B	244	227	17	7%															
Patient C	150	133	17	11%															
Patient D	167	153	13	8%															
Patient E	320	311	9	3%															
Patient F	179	157	22	12%															
Patient G	217	202	15	7%															
Patient H	202	193	9	4%															
Patient I	257	231	26	10%															
Patient J	206	192	14	7%															
Patient K	364	346	18	5%															
Patient L	346	331	15	4%															
Patient M	174	163	10	6%															
Patient N	209	189	20	10%															
Patient O	173	155	18	10%															
Patient P	246	239	7	3%															
Patient Q	259	246	13	5%															
Patient R	174	158	16	9%															
Patient S	210	193	17	8%															
Patient T	210	198	11	5%															
Patient U	166	146	20	12%															
Patient V	398	380	18	5%															
Patient W	374	367	7	2%															
Patient X	301	282	19	6%															
Patient Y	178	159	19	11%															
Patient Z	192	184	8	4%															
Patient AA	163	154	9	5%															

2 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient AB	217	202	15	7%															
Patient AC	301	281	20	7%															
Patient AD	337	310	27	8%															
Patient AE	246	224	22	9%															
Patient AF	273	259	14	5%															
Patient AG	217	202	15	7%															
Patient AH	322	290	32	10%															
Patient AI	264	247	16	6%															
Patient AJ	164	148	16	10%															
Patient AK	232	220	12	5%															
Patient AL	204	196	8	4%															
Patient AM	334	314	20	6%															
Patient AN	243	236	7	3%															
Patient AO	236	229	7	3%															
Patient AP	171	164	7	4%															
Patient AQ	228	216	11	5%															
Patient AR	268	251	17	6%															
Patient AS	219	209	10	5%															
Patient AT	256	247	9	4%															
Patient AU	284	254	30	10%															
Patient AV	149	144	5	3%															
Patient AW	180	171	9	5%															
Patient AX	154	139	14	9%															
Patient AY	230	214	17	7%															
Patient AZ	202	191	11	5%															
Patient BA	302	279	23	8%															
Patient BB	204	194	10	5%															

2 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient BC	232	215	17	7%															
Patient BD	271	242	29	11%															
Patient BE	270	251	19	7%															
Patient BF	267	251	16	6%															
Patient BG	265	257	8	3%															
Patient BH	216	203	13	6%															
Patient BI	327	311	17	5%															
Patient BJ	337	313	24	7%															
Patient BK	253	243	10	4%															
Patient BL	234	212	22	10%															
Patient BM	228	211	17	7%															
Patient BN	250	234	16	6%															
Patient BO	233	215	18	8%															
Patient BP	174	166	8	4%															
Patient BQ	190	178	12	6%															
Patient BR	230	217	13	6%															
Patient BS	181	162	18	10%															
Patient BT	248	230	18	7%															
Patient BU	270	247	23	8%															
Patient BV	268	234	34	13%															
Patient BW	164	155	8	5%															
Patient BX	150	137	12	8%															
Patient BY	393	363	30	8%															
Patient BZ	150	146	4	3%															
Patient CA	196	189	7	4%															
Patient CB	254	240	14	5%															
Patient CC	183	180	3	2%															

2 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient CD	270	257	13	5%															
Patient CE	251	242	9	4%															
Patient CF	333	323	10	3%															
Patient CG	172	164	8	5%															
Patient CH	321	327	-6	-2%															
Patient CI	211	197	14	7%															
Patient CJ	241	231	10	4%															
Patient CK	288	281	7	3%															
Patient CL	293	268	25	8%															
Patient CM	170	164	6	4%															
Patient CN	222	212	10	4%															
Patient CO	194	186	8	4%															
Patient CP	289	287	1	0%															
Patient CQ	338	322	16	5%															
Patient CR	202	190	13	6%															
Patient CS	232	218	14	6%															
Patient CT	237	226	10	4%															
Patient CU	227	213	13	6%															
Patient CV	223	217	5	2%															
Patient CW	277	258	19	7%															
Patient CX	297	292	5	2%															
Patient CY	159	151	8	5%															
Patient CZ	285	267	19	7%															
Patient DA	182	176	6	3%															
Patient DB	169	151	18	11%															
Patient DC	332	297	35	11%															
Patient DD	150	142	8	6%															

2 Month Outcomes

Patient Identifier	Start wt (lb)	2 mo wt	2 mo loss (lb)	2 mo % of Start	6 mo wt	6 mo loss (lb)	6 mo % of Start	12 mo wt	12 mo loss (lb)	12 mo % of Start	18 mo wt	18 mo wt loss	18 mo % of Start	24 mo wt	24 mo loss (lb)	24 mo % of Start	30 mo wt	30 mo loss (lb)	30 mo % of Start
Patient DE	193	185	8	4%															
Patient DF	220	205	15	7%															
Patient DG	273	261	12	4%															
Patient DH	194	187	7	4%															
Patient DI	205	196	10	5%															
Patient DJ	254	242	12	5%															
Patient DK	231	217	14	6%															
Patient DL	219	203	16	7%															
AVERAGE	237	223	14	6%															